

MY SUPERHERO COMMITMENT

I _____ have heard the call of time and the call of my soul to be who I was born to be.

I realize that **NOW** is the time to embrace my highest potential that I know myself to be in the depths of my heart, and fully show up for life in ways I may have been avoiding.

I commit to letting go of limited and dysfunctional patterns that have bound me, and accept a life of freedom as my eternal birthright.

I commit to flying high above worry, limitation and burdens and I make a moment-to-moment choice to continue to remain in the Grace of Life with each breath, no matter what.

I accept that I **HAVE TO CHANGE FIRST** and be the one who becomes a living example of all I wish to see in the world.

I accept that I already am That I am and I simply need to re-emerge my highest potential from within myself with the surrender to the One.

I recognize the Divine Perfection at every moment and love and accept myself as I am, what I am and forever I am free.

Signed:

Dated: