



SUPERHEROTRAINING

Mastermind Groups

GUIDELINE FOR HOLDING SPACE
FOR A GROUP

Essential Points

- Read mastermind Intentions out loud (why you are all here)
- Re-Commit to YOURSELF
- Share your goals, what you want
- Share where you are at now % what HAS worked for you (solutions focus)
- Share what you are committed to doing to move you forward
- Make sure all have read Napoleon Hill's chapter on Mastermind
- Spirit of Harmony and Genuine Interest to Serve from the Heart
- Stay Focused (no gossip, negative thoughts, random stuff that poisons the group, us and them mentality, etc.)
- Let us know how its going and any ways we can support more

Why Do a Mastermind Group?

- Opportunity to get CLEAR on what you want
- Opportunity to RE-COMMIT to yourself
- Creates a third mind, magic happens, new ideas emerge
- Support each other (and be supported)
- Family feeling
- Being seen and heard

What is a Mastermind?

- Listen to audios & read Napoleon Hill's Explanation
- Show up to GIVE and SUPPORT (not to take and drain)
- Coming together of great minds on a collective purpose

Who is eligible for a Mastermind?

- Someone who has a clear GOAL and wants to manifest it
- Someone who is willing and able to give, share and help others
- Coming together of great minds on a collective purpose
- Someone who wants to make things happen for themselves and others
- Someone who is willing and able to TAKE ACTION on what they learn
- Someone who has read Hill's chapter on Mastermind and is interested in how to make it better and more successful (proactive participant)
- Spirit of Harmony and Genuine Interest to Serve from the Heart
- Stay Focused (no gossip, negative thoughts, random stuff that poisons the group, us and them mentality etc etc)

Who is eligible for a Mastermind?

- Read mastermind Intentions out loud (why you are all here)
- Re-Commit to YOURSELF (everyone)
- Share your goals, what you want to achieve
- Share where you are at now % what HAS worked for you (solutions focus)
- Share what you are committed to doing to move you forward

- Last week's person updates on progress (quickly)
- Be prepared and know what to receive support for (project, personal goals etc)
- Shares what they did, what they want and where they need help)
- They ASK others for support (don't allow people just to interrupt and tell them what to do
- They SEEK out help from either a person with expertise or the whole group. The one asking support chooses HOW to receive support.
- It is in the hands of the one asking to get the most from the session.
- Aim is to gain support and make a commitment to move ahead (and then check in next week with how they did)

What will happen IF you do it?

- Everyone will take personal responsibility and move forward fast.
- The group will bond and be loving to each other
- The success of each member will increase
- Clarity on goals will improve (knowing what you want is the most important thing)
- Manifestation times will become remarkable.